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Office of Tourism Development in Thailand



WKT 017C - Pai and Mae Hong Son - Health, Nature and Activities - 3 days / 2 nights.

Starting Chiang Mai hotel or airport.

B= Breakfast / L= Lunch / D= Dinner

Wild Kingdom Tours can arrange connecting hotel stay in Chiang Mai.



DAY 1 - / L / Waterfalls, Geyser - Bamboo raft or Elephant trekking towards Pai.

08:30 Pick up at your hotel by English speaking guide and private transport or in **Chiang Mai airport** before 10:30. After 1 hour's drive on the winding main road to Pai we arrive at **Doi Suthep Pui National Park**. We walk about 20 minutes to the beautiful **Mork Fa waterfall** 40-50m (130-160 ft.) high. Bring your swimwear and take a dip in under the big shower.

After another 30-40 minutes drive we arrive to **Pa Pae Hot Springs**, also called **Pong Duead Geyser** in **Huai Nam Dang National Park**. Occasionally the geyser erupts up to 2 meters. The surface temperature of the **geyser** is between 90-99 degrees Celsius (194-210F), while the underground water will be between 170-203 degrees Celsius (338-397F). The place was first known to the public in 1957.



The mountainous route continues and 7 km before we reach **Pai** we stop at the **old bridge** - At the final stage of the 2nd World War the Japanese destroyed the important bridge that they had built. As war compensation a iron bride no longer in use was bought in the United States - disassembled and shipped all the way.

Activity: Choose **Bamboo Rafting** or **Elephant trekking** 1 hour. We drive the last bit to **Muang Pai Resort** or similar. In the evening we visit

the **night market** and look at the variety of **handicraft products** being offered.
Night at Muang Pai Resort.

DAY 2 - / B, L / Cave exploring - Mud Spa Treatment - Mae Hong Son.

Today's first goal is **Lod Cave - Tham Lod** in Thai language. This large spectacular **limestone cave** has a system of rivers that wind their way through the

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interior of the cave. From our raft and in the glow of the kerosene lamp we discover most beautiful **stalagmites and stalactites** and find that the cave also got a large colony of both **bats and swifts**. Furthermore remains of prehistory in the form of cave drawings and reasonably well preserved burial coffins are found. Lunch on route.



Today's highlight is the famous **Phu Klon Mud Spa**. We included a **wellness** treatment consisting of **Facial Scrub**, Facial massage and **Phu Clone Facial Mud Mask**. Phu Klon's **hot springs** and mineral water flows to the surface from the deep underground. The mud and clay carried is rich in minerals. The substances have positive effect on human health, skin and circulatory system. The **Natural clay** is black and fastidiously clean and uncontaminated by sulfur. **Phu**

Klon was discovered by a group of French and Thai researchers who send samples of clay and mineral water to Thermalium Luxeuil laboratory in France for further analysis. Four years of extensive research has determined that the clay from **Phu Clone** meet international standard requirements for microbiological properties.

Reportedly, there are only three other places in the world that can provide the same conditions for a **mud spa**. Thirty years younger, we continue the last bit to [Mae Hong Son](#) and [Fern Resort](#), who take pride in protecting nature and the **environment** at the most responsible way. If this resort was good enough for **Brad Pitt** and **Angelina Jolie** - hopefully it will be good enough 4U2. In the evening we visit the old town and there will be time on your own to find a restaurant and look around.

Night at Fern Resort.

DAY 3 - / B, L / Kayan (Long Neck Tribe), Temple landmark & return to Chiang Mai.

On this last day we head for Huay Pu Keng village, which can be reached in 30 minutes by boat from Mae Hong Son. We will visit [Kayan](#) (long neck) tribe. This tribe came to Thailand as refugees from Burma. Without citizenship and rights to move



freely - one of their few resources of income is to sell handicrafts to tourists. The rings that are said to be beauty-enhancing for women are not really rings, but one piece of winded brass. The neck is not stretched, but it's the shoulders that are pressed downwards. 4 years of age a girl will gets the first set of neck rings. Adult women carry a weigh of about five kilograms around the neck. After this remarkable excursion we visit the temple landmark **Phratahart Doi Kong**

Moo at the top of the hill - overlooking Mae Hong Son town, airport and mountains. It's said that you haven't really been to Mae Hong Son if you haven't visited this sight. Finally we will begin the 5 hour drive back to Chiang Mai. Lunch will be taken on the way at a local restaurant. Expected arrival 19:00.

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Drop off at the following locations / please inform where:

A / Mae Hong Son Airport / Flights to Chiang Mai departing after 14:00 ok.

B / Chiang Mai Airport / flights to Bangkok or Phuket / departing after 20:30 ok.

C / At your hotel in Chiang Mai. (extend the stay in Pai and Mae Hong Son).

Connecting hotel stay in Chiang Mai and flights bookings - Contact us.